

Does getting old make you sick or . . .



Does getting sick make you old?

*Want to become the best "Doctor" in your House?
Dr. Joy Peterson invites you to . . .*

Is There A Doctor In the House? **Health Seminars**

April 9th to 13th, 2008

Wednesday thru Saturday – 6 pm to 8 pm

(Refreshments served at 5:30 pm)

Sunday:

Blood Pressure Clinic – 8 am to 10 am

Cooking School – 10 am to 2 pm:

Learn to prepare delicious, mouth-watering, dairy-free, heart healthy, zero-cholesterol entrees including:
Macaroni & Cheese • Pecan Roast w/ apricot sauce • Ezekiel Rolls •
Garden Salad • Candied Sweet Potatoes • Tofu Cheese Cake
and many more tasty treats.

Come prepared to enjoy a full meal.

Presenters: DR. SCHUBERT PALMER, MD, FACC, Board Certified Cardiologist, author
DR. RALPH PETERSON, MD, DrPH, Board Certified Preventive Medicine Specialist
DR. JOY PETERSON, RD, DrPH, author and Registered Dietician

**Plus a weight
loss program
you can live
with.**

Registration Fee: \$25

Location:

Life Enrichment Center

1644 27th Ave., Vero Beach, Florida

For More Information: Call Fran 777.562.7741

**Sponsored by Heart & Soul International
and Drs. Ralph and Joy Peterson**